



Kera Kundanpur Youth Wing

July 2011 News Letter

Recent Activities and Achievement's.

KKYW Winners of SKLPC Five A-Side Football Tournament 2011

KKYW Runners - Up ICYW Badminton League 2011

KKYW Third Place - ICYW One Day Cricket Tournament 2011

KKYW Runners-Up - ICYW Five A-Side Football League 2011

Sports Hall Activities

18.00 - 18.30 - Kids Badminton under 16's
 18.30 - 19.30 - Five A Side football over 16's
 19.30 - 20.30 - Five A Side football under 16's
 19.00 - 19.30 - Spin Classes
 20.30 - 22.30 - Badminton over 16's
 20.30 - 22.30 - Table Tennis

Dance Studio Activities

18.00 - 19.00 - Tae-kwon do (Professional Trainer)
 19.00 - 20.00 - Zumba Classes

Full Equipped Gym - 18.00 - 21.00

Swimming Pool - 18.30 - 21.00

In- House Canteen - 19:00 - 22:00

To ensure our members receive the most benefit from a particular sport, we hire fully qualified and professional instructors in yoga, gym, taekwondo and badminton. Some of our own members have also taken the initiative to become qualified football coaches to be able to train our young enthusiastic players to allow them to reach their full potential. Our priorities lie within our members which is why we are happy to assist in their sporting activities. Now more than ever following a fit and healthy lifestyle is of greater importance to build stepping stones for a healthy future. We are aware that sport means different things to different people which is why we have a diverse range of sports to cater for the interests of everyone. The centre enables this in the form of a relaxing yoga session to an action-packed spin class.

Throughout the year we organise various events outside Aspire where we also welcome non-members. These events includes our much anticipated annual KKYW Christmas party and summer sports and BBQ day. Other successful past events have been tours to Switzerland and France and also to Spain. In addition we regularly hold Dinner and Dances, day trips to the seaside, Thames cruise and a trip to see the Yonex All England Badminton Championship finals.

Now that you know about KKYW, why don't you come along and enjoy our complementary one month membership, which is open to all 24 Ghams and get a taste of what we have to offer. You are welcome to bring your family and friends to meet our members who are proud to represent KKYW and who feel a sense of belonging to this prestigious youth club. For more information about KKYW please do not hesitate to contact any committee members.

KKYW Quiz Day

The quiz day which took place on the 27th March 2011 in Mumbai Junction was organised by the younger members of KKYW very successfully. Taking part in a quiz is not something which a lot of people enjoy including myself, however this quiz was different. It included practical tasks such as boys dressing the man in a sari and getting points awarded for the best dressed and who could drink coke through a straw the fastest. Sure the practical tasks set may seem crazy and unusual but they were very amusing to watch. The atmosphere at the venue was great and everyone seemed to really enjoy themselves, especially me because I was on the winning team! The food on the menu was great and I think everyone would join me in saying they got their moneys worth in food and entertainment. From the atmosphere and the expressions on everyone's faces you could see that everyone thoroughly enjoyed themselves and like me are waiting eagerly for the next one to take place.

By. Rick Kerai

Facilities at KKYW



- A spacious 25-metre swimming pool with a ramp for wheelchair users and an average water temperature of 31°C



- A fully integrated fitness studio with a wide range of GYM equipment.
- A large sports hall accommodates for four badminton courts, 5-a-side football and many other activities.
- Dance studio
- Canteen for light refreshments and drinks.

Every Saturday from 6pm-10:30 pm

Aspire National Training Centre

Wood Lane Stanmore

Middlesex HA7 4AP

Email: kerakundanpur@hotmail.com

<http://www.kerakundanpur.co.uk>



For the latest News on Kera Kundanpur Youth Wing
 Golf Society - (KKYW Golf Society) please turn over page....



KKYW GOLF SOCIETY



Kera Kundanpur Youth Wing Golf Society – (KKYW Golf Society)

Introduction



Golfing has become a very popular hobby in recent years, more and more Gujarati youngsters and the middle-aged people have taken up some form of golfing activity.

Kera-Kundanpur Youth Wing (KKYW) – are always looking at initiating new activities to encourage the Kera – Kundanpur community members to unite together and participate in some form of sport & social activities we run.

KKYW's latest ambition is to initiate the first Kanbi Gaam Golfing Society with the aim to arrange an annual Golf Society Tournament within our 24 Kanbi gaams. **KKYW** is well known as the leader when it comes to organising and introducing new activities and this will be one more item to add to our list of achievements over the past 16 years that we have been running.



What next?

You may now be asking - HOW does it all work?

If you are interested then you need to send an email to one of the organisers listed below stating the following:

- Your name, address, phone no. Gaam.
- Do you own a set of golf clubs?
- How long have you been playing golf?
- Where have you played?
- What is your average Stroke play/ stableford handicap score playing 18 holes?

You will then be contacted by one of the organisers and you will be invited to attend a primary registration and informal induction meeting at the National Aspire Centre, On a Saturday evening where you will be able to meet us face to face and get more hands on information.

Player Profiles

Registration will entail a profile of you to be made and placed on our KKC – KKYW Golfing society website.

- Photograph
- General Profile
- Gaam
- Grouping
- Average score etc...

<u>Organisers</u>	
Ramnik Khimani (Captain)	: 07939 056 188
Harish Khimani (Treasurer)	: 07825 992 696
Pritesh Khokhrai (Secretary)	: 07957 173 548

Name: _____	Gaam: _____ Age: _____
Address: _____ _____ _____	How long have you been playing _____ Where have you played _____ _____
Home Phone: _____	Average score 18 holes _____ Own clubs (Y / N)
Mobile Phone : _____	Send this slip to: Ramnik Khimani 91 Elmsleigh Avenue Kenton, Harrow Middx, HA3 8HY
Email Address: _____	

Email to: kerakundanpur@hotmail.co.uk